Bonito;

b) a polysaccharide-containing material selected from the group consisting of/ Lycii Fructus and Mori Folium; and

c) ~~a carrier selected from~~ yeast ~~for efficiently decreasing the blood sugar level of a diabetic patient~~.

2. (currently amended) A therapeutic composition for the treatment of diabetes comprising mixing of the following ingredients:

a) a protein-containing material selected from the group consisting of/ ~~Mori Folium,~~ soybean and powder of dried Bonito;

b) a polysaccharide-containing material selected from the group consisting of/ Lycii Fructus and Mori Folium; and

c) ~~a carrier selected from~~ yeast ~~for efficiently decreasing the blood sugar level of a diabetic patient~~.

3. (canceled)